



**Sarvodaya**  
Institute of Higher Learning



**சர்வோදய**  
சர்வோதயம்  
**Sarvodaya**

# Post-MD Community Medicine Training Programme 2023

Component II of Public Health Management Training Two Day Placement  
at the Lanka Jathika Sarvodaya Shramadana Sangamaya (Inc.)

facilitated by the

Sarvodaya Institute of Higher Learning

**Physical Visit**

02<sup>Monday</sup> & 03<sup>Tuesday</sup> October 2023

Sarvodaya Institute of Higher Learning  
Sarvodaya Shramadana Movement Headquarters  
98, Rawatawatte Road  
Moratuwa 10400  
Sri Lanka

## Purpose of the Placement & Engagement

Sarvodaya Shramadana Movement and the Sarvodaya Institute of Higher Learning (SIHL) are registered institutions with the Postgraduate Institute of Medicine of the University of Colombo as an academic partner to impart academic as well as experiential learning initiatives and programmes to Students, Scholars and Professionals of Medicine and Public Health. In that regard we have been continuously hosting medical students reading for their various post-graduate qualifications and established a concrete partnership over the years. The MD (Doctor of Medicine) Training programme caters specifically for Senior Medical Professional who would form the student cohort. Their field training to institutions engaging and promoting Public Health as well as community development with a health orientation plays a vital part to expose them into the nuances of organisational operations, community engagement, grassroots advocacy, as well as leadership. On the Sarvodaya front this exercise provides us a platform to get to know the intuitional setup of the health bureaucracy better as well as to improve existing collaborations, identify gaps as well as to gain insights when designing future programmatic action on the Public Health front. Therefore, the two-days of interactions would reinforce our existing partnerships as well as enable Sarvodaya leaders/managers to co-learn with the cohort.

## Structure of Co-Learning Delivery

The preferred medium of delivery is **English**. However, you are highly encouraged to use a **language of choice or a mix** to clearly communicate with the participants. If your medium is Tamil, please inform the programme-lead to make available a fitting language interpreter.

Resource Personnel from Sarvodaya Units (*typically Unit Heads/Managers or a fitting nominee who could deliver a co-learning engagement*) will conduct highly interactive co-learning sessions providing in-depth insights to the participants to fulfil the Programme Learning Objectives. Resource Personnel are advised to structure their delivery to the specified time slot allowing and welcoming sufficient time for critical discussion, therefore time slots are carefully curated to accommodate Q&A. Resource Personnel are invited to self-introduce themselves and the participants would not follow suit due to limited time.

Resource Personnel shall share the presentations for feedback and review in advance. You are also encouraged to provide any other additional material such as pamphlets, brochures, annual reports, or other material as required. Director SIHL will attend sessions in the role of host and anchor to supplement your delivery and to co-facilitate if necessary, during interactions.

## Learning Objectives for Overall Programme & Sarvodaya Placement

Overall Programme	Sarvodaya Specific Programme
Outline the structure, organization and functions of the units that deliver Public Health (PH) programmes.	To be able to describe the <i>management structure, different programmes</i> and the overall services provided by Sarvodaya.
Enumerate the organizations with whom the units are collaborating and discuss the collaborative strategies between the units and the organizations.	To be able to <i>critically review the services provided by Sarvodaya</i> in the context of its intended objectives and the concept of <i>community development</i>
Develop basic skills to manage a Public Health programme.	To be able to <i>make suggestions for the improvement/expansion</i> of Sarvodaya activities.
Perform a SWOT analysis of the functionality of these units and recommend improvements.	To be able to <i>critically discuss</i> the challenges faced by Sarvodaya when providing community service.
	To be able to <i>understand the linkages of Sarvodaya</i> with other agencies - governmental and non-governmental both at a local and international level

### Programme Management

Dr Vinya S Ariyaratne

M.D., M.P.H., MSc. (Comm. Med.), M.D.(Comm.Med.) Specialist in Community Medicine  
President- Sarvodaya Shramadana Movement / Director General- SIHL

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Udesh Fernando

MSc. (Lond.), BSc. (Hons) (Lond.)  
Director :Sarvodaya Institute of Higher Learning

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### Participants / Students

Senior Registrars in Community Medicine & Community Dentistry (16 students), under the rotational attachment component of the Public Health Management Training Programme who are completing their second six months of local Senior Registrar training period.

**Attendance:** PGIM has reserved the allocated dates strictly for the purposes of the programme (with leave for studies) and students must attend the sessions for the full duration of the Sarvodaya placement. In exceptional circumstances any student failing to attend even a single session must write to the Programme Leads on email copying the PGIM coordinator to

excuse/or provide reasons for their absence. Such claims will be duly recorded for administrative/attendance purposes.

### List of Participants

Dr. W.M.K.P. Weerakoon	Dr. KAN Ranwanee
Dr.W.M.D.V.S.Wijekoon	Dr . C.V. Maddumahewa
Dr.F.R.Niyas	Dr.P.D.Wijeratne
Dr. H.A.A. Wickramasinghe	Dr.S.W.A.D.A.Wickramasinghe
Dr. W.L.C.A. Liyanage	Dr.S.Mohideen
Dr.G.J.Chandana	Dr.W.M.S.Weerakoon
Dr.N.Saravanabavan	Dr.K.A.R.Jayathilake (Dentistry)
Dr.S.V.Rajasinghe	Dr.R.M.N.U.Rajapaksha

### Advise to Participants

- We expect participants to arrive on time for each session.
- At Sarvodaya HQ there is only limited parking availability. The Security Officers on duty would guide you on alternative parking options available at a nearby Sarvodaya venue (Sarvodaya Woodworks – 03 min walk) or suggest to you on alternative roadside parking. Please mindfully park your vehicles to cause no disturbance. Kindly note that PARKING IS AT YOUR OWN RISK.
- We encourage participants to bring their own bottle of water that can be re-filled from waters fountains as required. You are also encouraged to bring your own notebooks, devices or writing material for notetaking purposes. E-Presentations, content and other material will be shared later for [study reference via OneDrive](#). (The folder will be offline until the conclusion of the programme). The programme proceedings will be photographed for record keeping and social-media reporting purposes.
- You are advised to carry an umbrella assessing the rainy weather conditions as there will be visits to different units of Sarvodaya over the course of the two days.
- Tea and a light refreshment will be provided to you between sessions. You are advised to bring your own lunch packets/meals.
- Our team of Resource Personnel comprises individuals from various social, educational, and professional backgrounds who are committed to delivering a programme that meets your learning objectives. We value and welcome lively discussions that encourage critical, respectful, and inspirational engagement. Your active participation in all sessions is encouraged and highly appreciated.

## PROGRAMME

02<sup>nd</sup> – 03<sup>rd</sup> October 2023, Officials' Committee Room, Vishwa Samadhi Building, Sarvodaya HQ

### DAY ONE : Monday, 02 October 2023

Slot	Programme	Resource Person	Description
0900-1030 @OC ROOM	<b>Programme Introduction followed by Sarvodaya's Public Health Interventions</b>	Dr Vinya Ariyaratne, Honorary President, Sarvodaya Movement  Mr Udesh Fernando, Director Sarvodaya Institute of Higher Learning	Welcome and introduction to the programme followed by a brief participant introduction.  This will be followed by a session on Sri Lanka's Public Health landscape and Sarvodaya's Public Health interventions with a special focus on the ongoing Public Health activities of the Movement.
1030-1045	<b>Tea Break</b>		
1045-1215 @OC ROOM	<b>Introduction to Sarvodaya's Community Development Model and Community Mobilisation Approach</b>	Mr Damith Kulanayake Executive Director, Sarvodaya Movement	This session will provide an overview of Sarvodaya's overall and diverse work with a greater emphasis on Sarvodaya's origin and development model. Participants will get to know the overall activities conducted by different Sarvodaya Units (briefly) before they get to know them in depth in focused sessions.
1215-1300	<b>Lunch Break</b>		
1300-1330 @SuwasethaNC	<b>Sarvodaya Suwasetha</b>	Mr Sandun Ariyaratne	This stand-up session will present the work and mandate of Sarvodaya Suwa Setha Sewa Society covering the areas: institutionalised care, community-based child protection programme, teenage mothers' home, and other care services. The session will be conducted at the Nutrition Centre reception area.
1330-1400 @SDG Class	<b>SDG Academy for Children</b>	Ms Hesha Perera Manager, End Child Poverty Knowledge Centre	This session will provide an overview of Sarvodaya's current Child development work followed by a focused session on co-facilitating for Sustainable Development with reference to the SDG Academy.
1400-1430 @OC ROOM 1430 - 1500	<b>Finance and HR Management Procedures of Sarvodaya</b>	Mr Kamal Gamage, Director Finance & Ms Palika Nilaweera, Head of HR	This session will provide a brief overview of Sarvodaya's financial and HR management procedures with a special reference to manuals in place.
1500	<b>Tea &amp; End of Day One</b>		

## Day Two, Tuesday 03<sup>rd</sup> October 2023

Slot	Programme	Resource Person	Description
0900-1000 @Vishva Niketan	<b>Introduction to Vishva Niketan Programmes with a special focus to Holistic Approach to Motherhood Programme</b>	Dr Charika Marasinghe, Trustee - Dr AT Ariyaratne Charitable Trust	This session will provide overall insights to Vishva Niketan's spiritual programmes along with its signature programme designed by Dr Upali Marasinghe coined as 'Holistic approach to motherhood'. The session will look at the importance of designing alternative programmes to promote maternal, family health and nutrition with a spiritual focus.
1000-1015	Premises Tour	Mr Madushan Induranga, Centre Manager	
1015-1030	<b>Tea Break @ Vishva Niketan</b>		
1030-1100 @Vishva Niketan	<b>Sarvodaya Shanthi Sena</b>	Mr Rasika Geethanga, Executive Director, Shanthi Sena	This session will present the role of Sarvodaya Youth in enabling community action and volunteerism at the grassroots level for community development and social change.
1100-1130 @Tharunodaya	<b>Tharunodaya</b>	Mr Chathura Peiris, Manager	This session will provide an overview of Sarvodaya's Young Entrepreneurship development programme and of its transition to fit the current economic context.
1130-1200 @BEES	<b>BEES Network</b>	Ms Prashadi De Mel, Manager	This session will provide an overview of one of Sarvodaya's Regional (SAARC) and International level collaborations to promote Women Entrepreneurship in the region.
1200-1300	<b>Lunch</b>		
1300-1400 @OC ROOM	<b>International Health Policy Engagements : A Practitioners Viewpoint</b>	Dr. Ana Perez Zaldivar, Public Health Expert	This session will source inspiration from Dr Zaldivar's experience as a public health expert in international contexts related to health policy design, strategic engagements, and monitoring mechanisms.
1415-1500	<b>Closing Remarks and presenting feedback</b>	Dr Ariyaratne, Udesh et Al.	Dr Ariyaratne will make a final presentation on the organisational structure of the Lanka Jathika Sarvodaya Shramadana Sangamaya (Inc) and present how 'One-Sarvodaya' is in operation with its diverse, holistic mandate in keeping Sarvodaya's Purpose along with closing remarks.  <b>Following this brief session all participants will be invited to share their <u>individual reflections</u> of the two-day programme.</b>

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SIHL/PGIM/MDCOMM&D/20231002-03/UDESHFERNANDO/DIRECTOR/SIHL